



My Care Plan



Date:



1. Today I met with:

(name of staff who did initial assessment)



2. I need help with:

(risks and needs)



3. Things will be better when:

(hoped for outcome, ideally in client/carers words)



My Care Plan



4. This is what will happen now:

(who will do what, when they will do it and why they are doing it)



5. My key worker is:

(care co-ordinator name and contact details)



6. Other people who help me:

(list other agencies involved, what they do & contact details, including family, funded care package, GP etc)



7. If things get worse:

(crisis plan including responsibilities of funded service and who to contact about physical health issues)

